

# EMILY AARONS

ENERGY HEALER | BUSINESS COACH & STRATEGIST | EDUCATOR  
SPEAKER | PODCASTER

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## BIO

Emily Aarons supports conscious leaders to harness deep spiritual healing so they can lead with authenticity and purpose. With over 24 years of experience as a renowned energy healer, business coach, and leading educator, Emily's specialty is masterfully blending spirituality and business. Emily's mission is to empower conscious leaders to experience deep healing and lead with joy and purpose. Her dedication to excellence is setting the gold standard to see leadership as a spiritual practice.

Her passion for healing and business is showcased in her signature community membership "[Mastery & Ascension](#)"; the first and only curated platform for healing for conscious leaders. Emily's courses are housed within the "Aspiring Leaders" membership, making healing and education readily accessible.

In addition to her meditations and courses, Emily was the host of the top podcast "[Aligned & Unstoppable](#)" with over 500K downloads and creator of the top selling "[Angels In Your Biz Oracle Card Deck](#)" and "[Aligned & Unstoppable Personal Journal](#)".

Since the age of 22, Emily has won awards for her business acumen for her first wellness center in Salem, Massachusetts. As a natural innovator, Emily brought her healing business online in 2017 and has more than 10X'd her revenue to build a million dollar personal brand.

In addition to her business, Emily, her husband and two young boys live on a small backyard "hobby" farm with two rescue dogs, dwarf Nigerian goats, sheep, chickens, ducks, and turkeys. Emily loves to immerse herself in nature, cold plunge, and cook fresh-from-the-garden meals.

## POTENTIAL TOPICS

- Balancing Success and Fulfillment: Strategies for Conscious Leaders
- Leading with Purpose: Aligning Your Work with Your Values
- Energy Management for Conscious Leaders: Prioritizing Your Well-being
- Unlocking Emotional Intelligence: The Key to Fulfilling Leadership
- Creating Space for Joy: Daily Practices to Enhance Leadership and Life
- Transformational Leadership: How Inner Healing Fuels Outer Success
- The Feminine Energy of Leadership: Finding Flow Instead of Force
- Redefining Success: Moving Beyond Financial Achievement to Joy and Fulfillment

541K

PODCAST  
DOWNLOADS

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## PODCAST FEATURES

### [SPOTIFY PLAYLIST](#)

- [Farnoosh Torabi, So Money Podcast](#)
- [Ali Brown, Glambition Radio](#)
- [Liz Theresa, Liz On Biz Podcast](#)
- [The Intentional Advantage with Tanya Dalton](#)
- [Kelly Roach, The Kelly Roach Show](#)

Extended List: <https://emilyaarons.com/guestappearances/>

## TV FEATURES

- [The Connect Network TV](#)

## HEADSHOT IMAGES

- [Orange shirt glasses](#)
- [Blue dress](#)
- [White collared shirt](#)

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